



Child's Name: \_\_\_\_\_

**COT PERMISSION-  
Toddler Arrangements for Sleep**

\*The American Association of Pediatrics and other nationally recognized authorities for infant health advise that infants, children under 1 year of age, should be placed on their backs to sleep to reduce the risk of Sudden Infant Death Syndrome (SIDS).

Cot permission takes effect when children are aged 12 months and older only.

Time Child Usually Naps: \_\_\_\_\_

Usual Length of Nap: \_\_\_\_\_

Special Instructions Related to Sleeping: \_\_\_\_\_

When my child is 12 months or older,  
I give permission for my child to transition to sleep on a cot.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_